

Lanzarote Road

Tour Organiser: John Upton

Saturday 22nd to Saturday 29th November 2025

Lanzarote is the perfect winter cycling destination:

- * little rain
- * temperatures in the day rarely going below 20 degrees
- * some great roads, being well maintained and relatively quite
- * a wide variety of different terrain, albeit pretty arid

This is a 5 day (+1 rest day), fixed-base trip based purely on paved roads, avoiding those which are busy or fast wherever possible. Each day we will head out to a different corner of the island, taking in some of the best views and visiting attractions, both on and off the 'regular' tourist trail.

Itinerary

Saturday 22nd November 2025 Arrival

The accommodation is around a 20 minute drive from the airport. I will coordinate taxi sharing from the airport as far as is sensible depending on your arrival times. We can check in from 3pm. We will be staying in a guest house which, assuming we are fully booked, we will be taking over for the week.

- No cycling
- Accommodation: Guesthouse near Mozaga
- Meals: (D)

Sunday 23rd November 2025 West

Today we will head to Tinajo for a coffee break before heading down to (Club) La Santa and on to Famara for lunch and perhaps a swim. In the afternoon we climb up to Teguise before heading for home via Tahiche.

- Route distance: 71.0km
- Route altitude gain: 950m

- Accommodation: Guesthouse near Mozaga
- Meals: (B, D)

Monday 24th November 2025 South

Heading south, we'll first go to the town of Yaiza for a coffee break, then on to El Golfo and the Green Lake, before heading up to Las Brenas to look around an unusual museum. Lunch will be at the tourist mecca that is Playa Blanca before heading for home, passing through (and stopping at?) La Geria, the main wine region on the island.

- Route distance: 84.0km
- Route altitude gain: 1200m
- Accommodation: Guesthouse near Mozaga
- Meals: (B, D)

Tuesday 25th November 2025 North

Setting off through the picture-postcard town of Teguise, we climb up to the highest point on the island, then down to Haria, in "the valley of 1,000 palms" for an early lunch. In the afternoon, we carry on to the northern end of the island to take in the view over the island of La Graciosa, before heading to Jameos del Agua to check out the spectacular venue. We then head for home, going through the beach town of Arieta, stopping off at the Stratified City if time allows.

- Route distance: 78.0km
- Route altitude gain: 1500m
- Accommodation: Guesthouse near Mozaga
- Meals: (B, D)

Wednesday 26th November 2025 Rest day

If there is interest, I will organise a walk: probably to Caldera Blanca which is, in my opinion, one of the best hikes on the island. There is also the possibility of visiting some local caves. Otherwise, I leave you to your own devices: Timanfaya is not too far away, or you could take a surf lesson at Famara beach, head to the local micro-brewery, go for wine tasting, or of course you could just laze by the pool..

- No cycling
- Accommodation: Guesthouse near Mozaga
- Meals: (B, D)

Thursday 27th November 2025 East

First we'll head to some unique passageways eroded into the side of one of the volcanos before heading down through Tias to the coast at Puerto del Carman. This is the main tourist area on the island and normally somewhere that I would avoid, but it's all part of the Lanzarote experience and there is a cycle path which hugs the coast for miles and miles to the north. We'll grab some lunch somewhere along it, perhaps in Costa Teguise, before

heading inland through Tahiche back to Teguisse and its castle, now a museum. Teguisse is the ancient capital of the island and the castle is high up on the rim of a caldera, worth a visit. From there it's back to the guest house.

- Route distance: 66.0km
- Route altitude gain: 850m
- Accommodation: Guesthouse near Mozaga
- Meals: (B, D)

Friday 28th November 2025 Big climb

As a fair-weather, I have planned the biggest climb on the island! - From Arieta at sea level up to the highest point on the island! There are some breath-taking views, and we may take a look at "The Rocks for the Pyramids" quarry on the way, though it does involve a short ride down a dirt track.

- Route distance: 67.0km
- Route altitude gain: 1190m
- Accommodation: n/a
- Meals: (B, L, D)

Saturday 29th November 2025 Heading for home

Officially we need to check out by 11am, but there is flexibility around this, particularly if you want to leave bags whilst you head out for the day. Taxis can be arranged for you: to the airport or anywhere else you would like to go.

- No cycling
- Accommodation: Guesthouse near Mozaga
- Meals: (B)

Dates and Prices

Cost

- Land only price: £600

Payment Schedule

Deposit to be paid on booking, final payment by 01-Oct-2025

Price includes:

- Breakfasts
- Evening meals (except the last day)
- Entrance to Jameos del Agua

Price does not include:

- Lunch
- Admittance to other unplanned attractions
- Alcohol
- Flights
- Taxi/transfer costs
- Bike hire
- Single room supplement - £300 extra

Cancellations

Written Notice Received	Cancellation Charge
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01-Oct-2025	£150 (deposit)
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Date of departure	Full amount paid
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The price of £600 (land only) is based on a minimum number of 5 people taking part in the holiday. If there are insufficient bookings by Wednesday 01st October 2025, we will contact you and return all monies paid.

Holiday Information

Grade and Area Covered by the Holiday

This holiday is classed as 'Energetic'. From our base in the centre of the island, we will explore much of it.

Travel and Communication

The tour starts and finishes at the guest house near the town of Mozaga. Check in is from 3pm. Check out is 11am.

Travel to the start and from the finish is not included in this holiday, though I will find out our arrival and departure times at Lanzarote Airport and facilitate taxi sharing, which is around 20 euros each way.

It is very important that you note that neither your Tour Organiser nor Bikexplore are responsible for you in any way until the appointed time at the designated meeting point. Should you fail to arrive at the appointed time for whatever reason, we will not be responsible for any additional expenses you may incur in order to meet up with the tour group. Before finalising travel arrangements, you should ensure that the tour is definitely going ahead.

Should there be insufficient bookings or pandemic travel restrictions are re-imposed, we reserve the right to cancel the tour at any time. It is therefore recommended that you book



fully flexible and refundable transport and accommodation or wait until you have been told the tour will go ahead. In the event of the tour being cancelled we will not be responsible for any losses incurred outside what you pay us.

We will use WhatsApp to communicate details like café stops, meal arrangements, places of interest and any emergencies on route. Ideally everyone will bring a smart phone and be happy to be included in the group. If you are unable to join the WhatsApp group I can only communicate with you in an emergency.

Accommodation

The maximum number of participants will be 11 including the Tour Manager.

We will stay in a guest house maintained to a high standard, near the small town of Mozaga in the centre of the island. It includes a large atrium with seating, most of the rooms being off it. There is a lounge / yoga room leading out to the swimming pool with more seating and an with an outdoor dinning area, which is next to the communal kitchen/diner. Note that pool can be a little cold, though the owner has promised it will be heated by November, so fingers crossed!

There are 5 double rooms, some of which are on-suite. Some of these have the option to be twins. Anyone booking single occupancy will get a double room to themselves.

If enough people would like single occupancy, we may also rent a small apartment on the other site of the (quiet) road which has a double room and double sofa bed.

Rooms will be allocated on a first come, first serve basis. If you are a single person and wish to not share a twin room, please indicate this on the booking form and pay the supplement.

Prices are based on two people sharing a room.

When booking with a partner, the default position is to supply a double bed. However if you would prefer to sleep in twin beds please tell the Tour Manager and we will do our best to provide this. In some cases twin beds are normally provided.

Assuming that the tour is fully booked then we will take over the place for the week. Our hosts are really nice and speak fluent English. They live on site and you will no doubt see them around, they may join us for dinner at some point.

There is good WIFI throughout the accommodation.

Meals, Health and Diet

Meals

Breakfast and Dinner are provided. I will get a big supermarket delivery at the start of the holiday to cover these, then top up from a local shop (about a mile away) as required. A





limited amount of beer and wine will be supplied, but if/when this runs out, you will be expected to buy your own.

Breakfast

Breakfast will be cereal and/or fruit based. Let me know what you like and (within reason!) I will get it if I can.

Lunch

We'll get lunch on the road. This will be in cafes and bakeries where available, otherwise restaurants. Lunches are not covered in the price of the tour. Please ensure you have access to sufficient monies to cover these.

Dinner

I am planning to have communal dinners, cooked by ourselves. Exceptions to this will be on the first day, when we will likely get takeaway pizza, and one other day when we will go to a local restaurant, both of which are covered in the price of the tour. However, if anyone would like to opt out of this on any (or even all) days, that is fine.

Although I am happy to prepare evening meals, I would appreciate volunteers to help and hopefully take charge on some days.

Snacks and drinks whilst cycling

We will frequently be travelling through rural areas and will stop at cafes during the rides whenever possible, but you should buy and carry sufficient snacks and drink in case of emergencies.

Health

Please remember to pack any medications that you need to take regularly.

Please check the current Foreign Office advice for Spain: <https://www.gov.uk/foreign-travel-advice/spain/health>

Diet

Check that you have informed the Tour Organiser of any dietary requirements in your Booking Form.

Cycles and Equipment

You are of course welcome to bring your own bike, but personally I always hire as it is convenient and (depending on your choice of bike) cheaper than paying Ryanair. Bike hire is not included in the price of the holiday.





If you do want to hire and you want me to take care of it for you, please select one form <https://www.bikesensations.com/en/lanzarote/our-bicycles/> and let me know what you want. I have used them many times and they are decent bikes, but the main benefit that that they are one of the few bike hire places who will deliver. I will likely take one of the cheaper road bikes, but a 'city bike' will be fine (I had one last year) if you prefer flat bars, though they are a bit slower / more effort. If you want to use an E-bike, that's completely fine - they have these at the guest house too (which are cheaper), so let me know if you are interested and I can find out what is available.

If you hire and you want to bring e.g. saddle or peddles, that's fine, though Bike Sensations can provide most pedal types.

Helmets are mandatory, bring one or hire as you like.

Every hire bike comes with a pump, tyre levels, a spare tube and a lock. I will have a puncture repair kit and some basic tools. If you do bring any tools, I would recommend ones that you are prepared too lose - I lost my favourite multitool to Customs a year or two back :(

Lights are recommended - it is unlikely we will need them, but better to be safe than sorry.

You will need at least 1 water bottle, noting that most of the hire bikes only come with one cage.

It is recommended that you bring a small bag that can strap on to the bike for e.g. waterproof, snacks etc. However, I will have a big-ish day back and can likely carry your things, but please agree with me before booking.

If you do hire from Bike Sensations, they provide a fix/pick up service in the event of serious mechanical failure.

Rides, Rest Days and Fitness

The holiday is for 6 days and has 1 rest day.

It is centre-based with led rides available each day, on 5 days. Having said that, if you wish to take extra day(s) off or just cycle for the morning, that's fine, though you will likely have to navigate yourself back to the guest house.

Most days will will aim to leave at 9am after breakfast, to arrive back by 5pm.

Most of the roads are minor and used by rural/tourist traffic and will be hilly in parts. We may need to use some busier roads at times, but avoid them as much as possible. Road are generally of a surprisingly good condition, but there may be some short sections which are less good.

Most of each cycling day will be spent cycling. People will be expected to ride at their own pace and often in loose groups, at around 10-12 mph on the flat, slower up hills, usually





meeting up at cafes for lunch and refreshment breaks. You will be notified those available or recommended refreshment stops each day.

It is expected that you may want to stop for photographs, look at the view or explore, this is okay. You are on holiday.

It is essential to get out on your bike and do some 60km rides before the tour starts.

There may be steep descents too, so you should be able to negotiate these safely.

Please note it may not always be possible to follow the itinerary exactly due to road works or weather etc, as things do not always go as planned. In these circumstances, you will be advised of alternative arrangements.

The Tour Organiser will not always be at the front of the group but may be anywhere within it, as circumstances require, so you will need to be aware of the route and likely stopping places each day.

Weather, Clothing and Culture

Firstly, please note that Lanzarote can be windy. Wind speeds of 15 mph or more are not uncommon. This can be annoying if you are fighting against it, uphill at the end of the day.

Lightweight clothing, suitable for a range of temperatures is needed. Warmer clothing (i.e. what you likely be wearing when you leave the UK!) is likely to be needed for the evenings.

A lightweight waterproof jacket should be brought.

Sun cream, lip balm and sun glasses are recommended along with insect repellent and bite cream. Note that there is a range of toiletries and sun creams in the guest house which you are free to use.

The temperature in November is likely to be between 20 and 25 degrees. Rain is certainly possible, perhaps on one or two days, but unlikely.

The weather can be variable, with a possibility of both heat waves and cold, wet weather, so be prepared for all possibilities including storms - please check the forecast a few days before and pack accordingly!

The best protection from the sun is to cover up. Daytime temperatures are likely to be cooler in the hills - and there should be little or no rain (best to bring a light rain jacket just in case). You may need a windproof/thermal for evenings and for early morning descents from hill stations as it can feel cool.

Culture – please check current Foreign Office advice for Spain:

<https://www.gov.uk/foreign-travel-advice/spain/safety-and-security>





Maps and Guides

A .gpx of each day's route will be provided before the start of the tour.

It is recommended that you have your own means of navigating in case you do need to cycle on your own for any reason. For paper maps, I like this one (other outlets are available):

https://www.amazon.co.uk/Lanzarote-Tour-Trail-Map-6th-dp-1782750878/dp/1782750878/ref=dp_ob_title_bk

Travel Insurance and Vaccinations

For UK nationals traveling abroad, travel insurance is essential. Please check if your insurer has requirements for cyclists eg wearing a helmet.

Current Covid and Influenza vaccinations are recommended for participants of 75 years of age and over and those deemed medically vulnerable.

See <https://www.gov.uk/foreign-travel-advice/spain/health> for vaccine recommendations and health risks.

Passport, Visa and Monies

UK citizens must hold a passport that is still valid for at least three months at the end of the tour.

Holders of non-UK passports are advised to check whether they require a visa.

You can visit Spain without a visa for up to 90 days in a 180-day period, for tourism or business.

At the time of writing, it looks like ETIAS won't come in until end 2026: https://travel-europe.europa.eu/etias_en

The local currency is the euro. Please bring enough to cover your bike hire (if hiring from Bike Sensations) + 100 euros for where card payment might not be available.

Note that ATMs can be (in fact, in my experience are always) expensive. I recommend bringing a visa/mastercard and using that whenever possible. Personally I have a Postoffice card that I can top up with euros easily from a phone app.

Tour Organiser Contact Details

Tour Manager: John Upton.

Email : jupton100@gmail.com

Mobile: To be supplied before the start of the tour.

I have been leading for Bikexplore for the last 3 years.

<https://bikexplore.co.uk/About-us/John-Upton>

